



616 W. 18<sup>th</sup>, Edmond, Oklahoma 73013

(405) 340-SAND (7263)

## Before Anesthesia

If you are having general anesthesia or intravenous sedation, please do not have anything to eat or drink, including water, for at least 8 hours prior to surgery. If you take medications regularly, you should take them with a small sip of water at the regular time. Also, any additional medications which might be prescribed to you by our office should be taken with a small sip of water as directed.

If you having general anesthesia or intravenous sedation, a responsible person must accompany you, remain in the reception area, and take you home. We ask that your escort accompany you to the office so that we can let him/her know when you will be ready to leave the office and give them the appropriate instructions.

- Please try not to wear jewelry, including any facial piercings, makeup, including nail polish or eye cosmetics.
- Please tie long hair back.
- If you wear contact lenses, please remove them prior to your appointment and wear your glasses.
- Wear loose clothing, short sleeves.
- Please try not to smoke the morning of surgery.
- Your mouth and teeth should be well cleansed to help avoid infection.
- Do not ignore any sickness or fever when surgery is to be performed. Please call the office if you have any symptoms, as an appointment change may be necessary.
- If you are going to have local anesthesia only, you may eat prior to your appointment and do not need somebody to accompany you to the office.